

7. Airway prosthodontics

Archana K Sanketh

DAPMRV Dental College

Sleep disordered breathing (SDB) is an extremely common medical disorder associated with several morbidities. Obstructive sleep apnoea (OSA) is one such chronic condition characterized by repetitive episodes of complete or partial upper airway obstruction during sleep. OSA is estimated to affect 2% of middle-aged women and 4% of middle-aged men. Prosthodontists play an important role in preserving patients' general health by restoring and maintaining oral function and esthetics. Added expertise in oral anatomy and occlusion would definitely be a boon for prosthodontists to recognize the signs and symptoms of OSA and then follow a multidisciplinary approach linking dentistry to sleep medicine to improve the patient's oral and general health.. Hence this paper aims to give a brief insight into the pathophysiology of OSA and various treatment options from a prosthodontists perspective.

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