

## Evaluation of Shear Bond Strength of Zirconia Bonded to Dentin After Various Surface Treatments of Zirconia

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**Abstract** Establishing a reliable bond of resin cement to zirconia based materials has been a major limitation against zirconia restoration. Purpose of study: This study evaluated the shear bond strength of zirconia bonded to dentin specimens using a self etch dual cure resin cement after various surface treatments of zirconia. Twenty zirconia rods ( $3 \times 2.5$  mm) were prepared from zirconia blocks and assigned into 5 groups for the following surface treatments. (1) Group I: Control (C) no treatment (2) Group II: airborne-particle abrasion (APA), (3) Group III: hydrofluoric acid etching (HF), (4) Group IV: hydrofluoric acid etching followed by silanation (HF/S), and (5) Group V: application of zirconia primer (Z). Dentin Specimens were prepared from extracted molars stored in 0.5% chloramine-T. Zirconia rods were bonded to dentin using resin cement (Multilink Speed), then light polymerized. The specimens tested for failure were tested using the notched shear bond test method in a universal loading apparatus. One way ANOVA followed by Tukey HSD for cell means were used to analyze the data ( $\alpha=0.05$ ). The highest values were obtained with group V (Z) (8.66 MPa) followed by group II (APA) (6.71 MPa), and group IV (HF/S) (4.41 MPa). The least values were obtained for group III (HF) (3.88 MPa) with no significant difference ( $P$  value 0.53) between group

III (HF) (3.88 MPa) and group I (C) (3.70 MPa). Among the surface treatments employed in this study zirconia primer application is a practical procedure to improved bond strength of zirconia to resin cement followed by Airborne Particle Abrasion with  $50 \mu\text{m Al}_2\text{O}_3$  particles.

**Keywords** Zirconia · Surface treatment of Zirconia · Bond strength of Zirconia

### Introduction

Increasing esthetic demands has made the pathway for developing metal free materials like zirconia, for fabrication of posterior crowns and fixed partial dentures [1] With the continuing development of the current CAD/CAM systems, dentistry has also become proficient with different zirconia based applications like High strength frameworks, endodontic posts, implants abutments, orthodontic brackets etc.

Zirconium (Zr) is a radio-opaque transition metal element, with a melting point of  $1,855^\circ\text{C}$  and a boiling point of  $4,409^\circ\text{C}$ . It is found in the minerals as Baddeleyite and Zircon ( $\text{ZrSiO}_4$ ) and does not exist in a pure state but in conjunction with silicate oxides or as zirconia oxide ( $\text{ZrO}_2$ ). It possesses excellent esthetics, good corrosion resistance, chemical stability, adequate strength and highest room temperature toughness. It is a polymorphic material occurring in 3 forms, monoclinic, tetragonal, and cubic. The monoclinic phase is stable up to  $1,170^\circ\text{C}$  then transforms into tetragonal phase which is stable up to  $2,370^\circ\text{C}$  and the cubic phase is stable up to  $2,680^\circ\text{C}$ , its high strength property is based on the Phase transformation effect [2, 3] This phase transformation is accompanied by volumetric expansion resulting in blunting the propagating crack tips thus increasing the fracture toughness of the material [4].

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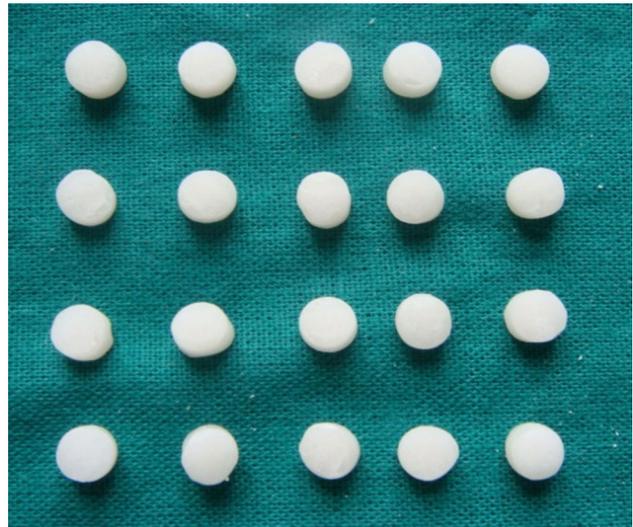
Zirconia oxide which is stabilized by addition of Yttrium oxide gives a high strength ceramic with better fracture toughness [5]. Thereby making, Yttrium partially stabilized poly crystal material the most preferred zirconia for posterior crowns and FPDs due to its superior biocompatibility, flexural strength and fracture toughness [4]. Its radio opacity enhances radiographic evaluation of marginal integrity, excess cement removal and recurrent decay [6]. Despite the expanded application of zirconia, bonding of zirconia to the resin and the tooth structure is questionable. A good adhesion of resin cement to the tooth structure and the restoration surface is primordial for the success of the ceramic restoration. Several surface treatments like sand blasting, etching with different acids, salinization and primer application is intended to enhance the bond strength by chemical bonding or by micromechanical retention [7].

The objective of this study was to evaluate the shear bond strength of zirconia bonded to dentine specimens using self etch dual cure resin cement, after various mechanical and chemical surface treatments of zirconia (Airborne Particle Abrasion, Hydrofluoric acid etching, Hydrofluoric acid etching followed by silanation and zirconia Primer application).

## Materials and Method

Twenty zirconia rods (3.6 mm × 3 mm) were milled from zirconia blocks (Incoris ZI, Sirona) using CAD/CAM (Sirona dental systems, GmbH) and sintered at 1,500 °C for 7 h (Sintramat; Ivoclar Vivadent AG). One side of each rod was finished manually using 600 grit silicon carbide paper to make a flat surface. The rods were then divided into five groups of four rods in each group (Fig. 1). The sample was mounted separately in a light body vinyl polysiloxane material (Zeta plus; Zhermack) and subjected to the surface treatments.

- Group I (C) was the control group where no surface treatment was done.
- Group II (APA) zirconia rods were subjected to Airborne particle abrasion with 50 µm Al<sub>2</sub>O<sub>3</sub> particles at 3.0 bar pressure from a distance of 10 mm parallel and perpendicular to the long axis of the bars, for 10 s.
- Group III (HF) zirconia rods were subjected to hydrofluoric acid 4.5 % etching (IPS Ceramic etching gel; Ivoclar Vivadent AG) for 3 min and then dried.
- Group IV (HF/S) zirconia rods were subjected to hydrofluoric acid 4.5 % etching (IPS Ceramic etching gel; Ivoclar Vivadent AG) for 3 min and silanated by application of a silane coupling agent (Monobond-S; Ivoclar Vivadent AG) for 2 min, then dried.



**Fig. 1** Zirconia bars divided into five groups of four rods in each group

- Group V (Z) zirconia rods were subjected to application of zirconia primer (Metal/Zirconia primer; Ivoclar Vivadent AG) (Fig. 2) on intaglio surfaces of the rods for 3 min, then dried.

Twenty extracted permanent molars were collected and stored in 0.5 % Chloramine T (Explicit Chemicals Pvt Ltd, Pune) for 1 week. The buccal and lingual surfaces of each molar were ground flat using 600 grit Silicon carbide paper to expose dentin. Each tooth was sectioned longitudinally in a mesiodistal direction using a precision saw with a high concentration diamond watering blade underwater cooling. Tooth sections were mounted in auto polymerizing acrylic resin (DPI Cold cure) measuring 25 mm in diameter and 26 mm in height (Fig. 3) and were assigned into 5 groups ( $n = 4$ ). Each group was assigned one of the pretreated zirconia rod groups. The exposed dentin surface was finished with 600 grit 8 inch grinding disks, rinsed with water, and gently air dried. A dual polymerizing self etching adhesive



**Fig. 2** Zirconia primer used for surface treatment of Group V



**Fig. 3** Tooth section mounted in auto polymerizing acrylic resin



**Fig. 4** Zirconia rod bonded to dentin specimens using dual polymerizing self etching adhesive cement

cement (Multilink Speed, Ivoclar Vivadent AG) was used to bond the zirconia rods to dentin specimens according to manufacturer's instructions (Fig. 4). Excess cement was removed, and the margins were light polymerized using a halogen polymerization light (3 M ESPE) at  $1,350 \text{ mw/cm}^2$  for 20 s on either sides of the specimens. The specimens were stressed with notched shear bond test using an universal loading apparatus (Unitek 94100, FIE) setup for compression testing using a 0.05 kN load cell at 1 mm/min cross head speed (Fig. 5).

#### Statistical Analysis

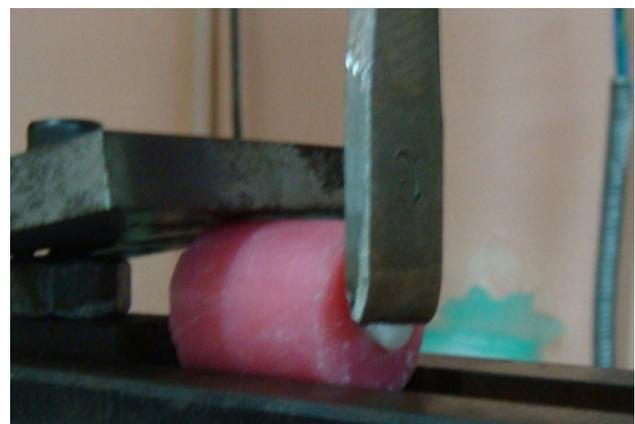
One way ANOVA followed by Tukey HSD for cell means were used to analyze the data ( $\alpha = 0.05$ ), with mechanical and chemical treatments as independent variable.

#### Results

All specimens showed failure at zirconia resin interface. ANOVA showed significant differences in bond strength among the different surface treatments with the  $P$  value 0.001. The highest values were obtained with group V (Z) (8.66 MPa) followed by group II (APA) (6.71 MPa) and group IV (HF/S) (4.41 MPa). There were no significant difference between group III (HF) (3.88 MPa) and group I (C) (3.70 MPa) (Table 1).

#### Discussion

Zirconia based ceramics are gaining popularity because of their superior esthetics, high flexural strength, a relatively low elastic modulus, and a high fracture toughness compared to other ceramic materials [8] Ytria stabilized tetragonal zirconia (Y-TZP) has opened new vistas for all



**Fig. 5** The specimens were stressed with notched shear bond test method using an universal loading apparatus

ceramic FPD even in loaded reconstructions like the molar region [9].

Heather [10] stated that the strength of an all ceramic restoration is dependent on the ceramic material used, core veneer bond strength, crown thickness, and design of the restoration, as well as bonding techniques. Previous

**Table 1** The recorded values of stress for various surface treated samples

Group	No. of samples	Mean	SD	F-value	$P$ value
I (C)	4	3.70	0.35	129.52	0.001 Significant
II (APA)	4	6.71	0.40		
III (HF)	4	3.88	0.40		
IV (HF/S)	4	4.41	0.35		
V (Z)	4	8.66	0.35		

Group I: (C) Control Group, Group II: (APA) Airborne particle abrasion, Group III: (HF) Hydrofluoric acid etched, Group IV: (HF/S) Hydrofluoric acid etched and silanated, Group V: (Z) Zirconia primer treated

investigations revealed that most clinical failures ranging between 2.3 and 8 % are due to cementation or internal surfaces [11]. The integrity of the luting cement to ceramic surfaces plays a major role in the longevity of the restoration identified the need for a reliable conditioning method like surface treatment to strengthen this critical area [12]. The surface treatments available are of two types namely mechanical and chemical surface treatments. In this study the various surface treatments evaluated were Airborne Particle Abrasion, Hydrofluoric acid etching, Hydrofluoric acid etching followed by silanation and Zirconia Primer application.

In this study, The group III (HF) attained the least bond strength value (3.88 MPa) among surface treated groups with no significant difference from the control group (C) (3.70 MPa) similar to the results concluded by Bottino et al. [13]. Torres [14] evaluated the effect of acid etching on zirconia by SEM analysis and reported that the surface morphology was not changed by HF acid etching. Thus, Hydrofluoric acid etching is not an effective method in glass free zirconia oxide ceramics as this material is resistant to acidic and alkaline corrosive material [4].

The group IV (HF/S) attained a bond strength value of 4.41 MPa. Etching the inner surfaces of ceramics using Hydrofluoric acid followed by the application silane coupling agent does not produce a chemical bond, but may improve the wetting ability of the surface resulting in small but increased bond strength value [12, 15, 16].

The group II (APA) achieved a bond strength value of 6.71 MPa, This was in agreement with a study by Qublewi [17]. APA removes loose contaminated layers and the roughened surface provides some degree of mechanical interlocking or keying with the adhesive. It can be due to the fact that the increased roughness has also increased the surface area for the bonding to occur [12].

Metal/zirconia Primer is a single-component priming agent designed to mediate an optimal chemical bond between metal alloys or ceramic oxide to methacrylate-based luting composite. The group V (Z) achieved the maximum bond strength of 8.66 MPa which is agreement with the study by Qublewi et al. [17] Aboushelib et al. [4], Esam [18] .

## Conclusion

Within the limitations of this in vitro study it is conclusive of the facts that.

1. Surface treatment of zirconia can improve its the bond strength to the resin.
2. Among the surface treatments employed in this study zirconia primer application is a practical procedure to improved bond strength of zirconia to resin cement followed by Airborne Particle Abrasion with 50  $\mu\text{m}$   $\text{Al}_2\text{O}_3$  particles .

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